

PRODUCT MANUAL FOR SA FOREST ADVENTURES

SPECIALISING IN ADVENTURES, TEAM BUILDING, TRANSPORTATION
AND SPECIALISED EVENTS



PRODUCT MANUAL 2015



INFORMATION ON SA FOREST ADVENTURES

Prices are subject to change without notice if we haven't received a confirmed booking.

Prices are valid till 30 September 2016.

Our activities do not include transport or meals unless requested and quoted.

We have a large range of products and have options available to suit your budget, your goals, and your needs, your venue (if needed) and your group size.

We can package together basically any activity and can also assist you with your accommodation arrangements at a number of hotels and lodges with conference facilities whom we have partnered up with.

We are proud members of Cape Town Tourism and a number of other organisations.

Our company has been in operations for a number of years and also proud hosts and creators of the yearly Sold out event – Good Hope Fm Adventure Race.

We currently have a level 4 BEE accreditation and constantly employ previously disadvantaged staff and ensure they achieve the necessary skills training needed with some as high as level 3 first aid and registered tour guides.

Due to the fact that our company has such a huge selection of adventures and activities we can also find an alternative option in the event of weather influencing your selected option



ADVENTURE SITES



Caledon

(100 km from Cape Town 1 hour drive)
Adventure Farm situated on the N2, entrance at the Caledon Hotel & Spa.

Hermanus

(121km from Cape Town)
Adventure Farm situated on the Hemel & Aarde road R320, Hemel & Aarde Valley.

Kleinmond Rafting and Tubing

(100 km from Cape town)
Adventure Farm situated in the Kogelberg Nature Reserve at Kleinmond on the R45.

<u>Piekenierskloof</u>

(167km from Cape Town on the N7)
Adventure Farm situated on the N7, entrance at Piekenierskloof Mountain lodge.

Cape Town

(Hout Bay Road – Silvermist Private Estate – Constantia Nek)





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SA FOREST ADVENTURES

ADVENTURES IN HERMANUS

QUAD BIKING

Amount of people: 1 – 14

Additional Quads: Additional quad bikes can be arranged at a surcharge of R1600 to cover transportation costs.

Cost From: R500 per person **Children U16:** R250 per person

Duration: 1.30 hours

Information: Children 8-15 years old will be lifted by the guide/parents if comfortable, 16 years and up can drive their own

Quad bike.

Description: Quad biking through the vineyards of Hamilton Russell and Southern Right wineries. Travelling through the

Fernkloof Nature Reserve to reach a breath-taking look-out point of the bay and surrounding areas.

Dress code: No skirts or dresses, warm jacket for the wind, sunblock

Location: Hermanus – Hemel en Aarde Valley



QUAD BIKE WINE TASTING TRIP

Amount of people: 1 – 14

Additional Quads: Additional quad bikes can be arranged at a surcharge of R1600 to cover transportation costs.

Cost from: R700 per person **Duration:** 2 - 3 hours

Information: Children 8-15 years will be lifted by the guide/parents if comfortable, 16 years and up can drive their own Quad

bike.

Description: Quad biking through the vineyards to taste the wines at two of our world-renowned wineries in the Hemel en

Aarde valley. The route continues to one of the most pristine look-out points in the Western Cape.

Dress code: No Skirts or dresses, warm jacket for the wind, sunblock

Location: Hermanus - Hemel en Aarde Valley





QUAD BIKE SUNSET TRIP

Amount of people: 4 – 14

Additional Quads: Additional quad bikes can be arranged at a surcharge of R1600 to cover transportation costs.

Cost from: R700 per person

Duration: 2 hours

 $\textbf{Information:} \ Children \ 8-15 \ years \ will \ be \ lifted \ by \ the \ guide/parents \ if \ comfortable, 16 \ years \ and \ up \ can \ drive \ their \ own$

Quad bike.

Description: Take a ride through the vineyards and up the mountain. Once the viewing point is reached the guide will explain the Walkerbay ocean reserve (Whales can be observed in season). Incredibly breath-taking views as far as the eye can see will allow you to experience an African sunset unlike any other.

Dress code: No skirts or dresses and a warm jacket for the wind

Location: Hermanus – Hemel en Aarde Valley



TREE TOP ZIPLINE TOUR

Amount of people: 1 – Depending on time available

Cost from: R420 per person

Duration: 2 hour – Depending on the size of the group

Information: Children 6 years and up, Maximum weight: 120kg

Description: High above the ground (8 to 40 Meters) gliding from platform to platform over a small waterfall between the Poplar trees and canyon makes this an even more memorable experience. To also further enhance the experience you will be transported by a large quad train up to the starting point. R20 of the amount goes to an NGO to generate funds

Dress code: No skirts or dresses, no slip on sandals

Location: Hermanus – Hemel en Aarde Valley





PAINTBALL

Amount of people: 8 – 30 **Cost from:** R200 per person

Duration: 1.30 hours – Depending on the size of the group

Information: 10 years and up

Description: Look no further for an exciting battle between friends, families and colleagues. The battlefield consists of Tree houses, camps, bridges and lots of other obstacles. Overalls must be pre booked and are available to hire at R30 per

person.

Dress code: Clothes you don't mind to get dirty **Location:** Hermanus – Hemel en Aarde Valley



HORSE RIDING

Amount of people: 1 - 8

Cost from: R 260 per person per hour **Duration:** 1 hour OR 2 hours available

Information: Ages 8 and up

escription: a scenic out ride through the beautiful valley. As far as possible, horses are matched to the rider's ability.

Instruction and guidance is available throughout the ride; no former experience is required. **Dress code:** long pants, closed shoes, a T-shirt to block your shoulders from the sun and sunblock

Location: Hermanus – Hemel en Aarde Valley





GUIDED NATURE WALKS

Amount of people: 4 - 40

Cost from: R220 per person (Depending on amount of people)

Duration: 2 - 3hours

Description: Set in a most diverse environment, there are numerous relaxing guided scenic walks through the Overberg's nature reserves, where you can look and learn about our unique flora, fauna and bird life. Accompanied by an experienced nature guide, to point out the best of the area. Includes water and a snack bar.

Dress code: Comfortable clothes and walking shoes

Location: Fernkloof reserve



WINE BLENDING & BOTTLING

Amount of people: 1-40 **Cost from:** R 430 per person

Duration: 3 hours – Depending on the amount of people

Information: 18 years and up.

Description: Each person gets the opportunity to blend, bottle and cork their own bottle of wine with the help of the

winemaker.

Location: Hermanus or Botriver





LAGOON KAYAKING AND PICNIC LUNCH

Amount of people: 5 - 30 **Cost from:** R 600 per person **Duration:** 3, 30 hours

Information: Ages 10 and up, maximum weight for a double kayak is 220kg in total, and the single will manage 120kg. **Description:** Launching from the Hermanus Yacht Club on the Hermanus Lagoon, the trip goes to Mosaic Farm for wine tasting and a picnic lunch on the banks of the Klein River followed by a tour of Stanford Spookhuis, and then making the way back to the Yacht Club.

Dress code: Clothes you don't mind to get wet, towel and dry clothes for afterwards

Location: Hermanus - Yacht Club



SEA KAYAKING

Amount of people: 2 - 14 **Cost from:** R 400.00 per person

Duration: 2 hours

Information: Ages 10 and up, maximum weight for a double kayak is 220kg in total, and the single will manage 120kg. **Description:** A novel way to explore the scenic coastline of Walker Bay. Stable sea kayaks and experienced guides will

make it easy to negotiate your kayak on the in-shore waters along the steep cliffs. **Dress code:** Clothes you don't mind to get wet, towel and dry clothes for afterwards

Location: Hermanus - Old Harbour





WHALE WATCHING

Amount of people: 1 - 70 Cost from: R700 per person Children U14: R300 Children U5: No Charge **Duration:** 2 - 3hours

Information: Depart 09h00, 12h00, 15h00 daily from June – November. Clients must arrive 30minutes prior to

the boat departure time

Description: The Southern Right whales visit our shores from June to November before migrating back to Antarctica. Spectacular sightings are possible from the boats to observe these mammals at close quarters. **Dress code:** comfortable shoes, warm jacket and remember to take sea sickness tablets

Location: Hermanus - New Harbour





ADVENTURES IN BETTYS BAY

SAND BOARDING

Amount of people: 2 – Depending on time available

Cost from: R350 per person

Duration: 1 - 2 hours – Depending on the size of the group

Information: Children 6 years and up

Description: Come and enjoy a day out in the sun for an eventful day full of adrenalin and laughter on the dunes overlooking Betty's Bay and the Atlantic Ocean with some breath taking scenery and lots of fun. We will supply you with

a board and safety gear **Dress code:** Sunblock

Location: stop in Kleinmond then head to Bettys Bay



GUIDED NATURE WALKS

Amount of people: 4 - 40

Cost from: R220 per person (Depending on amount of people)

Duration: 2 - 3hours

Description: Set in a most diverse environment, there are numerous relaxing guided scenic walks through the Overberg's nature reserves, where you can look and learn about our unique flora, fauna and bird life. Accompanied by an experienced nature guide, to point out the best of the area. A water and snack bar included

Dress code: Comfortable clothes and walking shoes

Location: Harold Porter Botanical Gardens





ADVENTURES IN KLEINMOND

GUIDED MOUNTAIN BIKING TRAIL

Amount of people: 3 - 20

Cost from: R 650 per person OR R950 per person including bike rental

Duration: 2 – 4 hours

Information: Children 10 years and up

Description: A thrilling and active way to experience the wonderful sights, smells and sounds of the many paths and tracks traversing the Nature Reserves. Feel the wind in your hair, and the sun on your back. Take a

dip in the cool, clean river pools along the way. **Dress code:** Clothes you don't mind to get dirty **Location:** Hermanus , Kleinmond

Transport: Included



GUIDED NATURE WALKS

Amount of people: 4 - 40

Cost from: R220 per person (Depending on amount of people)

Duration: 2 - 3hours

Description: Set in a most diverse environment, there are numerous relaxing guided scenic walks through the Overberg's nature reserves, where you can look and learn about our unique flora, fauna and bird life. Accompanied by an experienced nature guide, to point out the best of the area. Water and snack bar included

Dress code: Comfortable clothes and walking shoes

Location: Kleinmond





NINEBOT EXPLORER

Amount of people: 1 - 5 Cost from: R400 per person Duration: 45 minutes - 1 hour Trips: 10h00; 13h30; 16h00

Information: Children 16 years and older, Weight limit 100kg

Description: Join us on a Ninebot while we explore The Arabella Hotel and Spa grounds like you have never seen before. Traveling along the Bot river estuary will open your eyes to a world full of bird life and a large

variety of Fynbos. **Dress code:** Sunblock, comfortable shoes, no long dresses

Location: The Arabella Hotel and Spa





WHITE WATER RAFTING OR RIVER TUBING

WHITE WATER RAFTING = EXTREME RIVER TUBING = LAID BACK

Amount of people: 2 - 40 **Cost from:** R 550 per person **Duration:** 3.30 hours

Information: Children 8 years and up, Available during the winter months

Description: The scenery is breath-taking as the mountains tower over you, and the lush green nature reserve stretches as far as the eye can see. The smell of fynbos cloaks around the river, as insects buzz and sound of wildlife echo off the gorges. Professional guides lead you on this adventurous ride of a life time, but bookings are essential. Relax and for a few hours forget about the hustle and bustle of the city. Wet suits and safety equipment will be supplied

Dress code: swim wear as wetsuits will be provided, shoes you don't mind to get wet, towel and dry clothes for afterwards

Location: Kleinmond – Palmiet River





ADVENTURES IN CALEDON TREE TOP ZIPLINES TOUR

Amount of people: 1 – Depending on time available

Cost from: R400 per person

Duration: 1 hour 30 minutes – Depending on the size of the group **Information:** Children 6 years and up, Maximum weight: 120kg

Description: Towering above the ground, the slides range from 8 to 18 meters high. Scattered below, the vegetation fluctuate from abundant ivy cloaking the soil, to magnificent old oak trees, to the soft soothing sounds of the poplar leaves whispering in

he wind

Dress code: No skirts or dresses, no slip on sandals

Location: Caledon Hotel and Spa



QUAD BIKING

Amount of people: 1 - 10

Additional Quads: Additional quad bikes can be arranged at a surcharge of R1600 to cover transportation

costs.

Cost From: R400 per person **Children U16:** R200 per person **Duration:** 1 hours / 12 km

Information: Children 8-15 years old will be lifted by the guide/parents if comfortable, 16 years and up can

drive their own Quad bike.

Description: Our Caledon Quad trails are small and intimate compared to our larger quad trail in Hermanus.

The trail in Caledon is in and around the Caledon Hotel and Spa property. **Dress code:** No skirts or dresses, warm jacket for the wind, sunblock

Location: Caledon Hotel and Spa





PAINTBALL

Amount of people: 8 – 30 **Cost from:** R200 per person

Duration: 1.30 hours – Depending on the size of the group

Information: 10 years and up

Description: Look no further for an exciting battle between friends, families and colleagues. The battlefield consists of Tree houses, camps, bridges and lots of other obstacles. Overalls must be pre booked and are available to hire at R30

per person.

Dress code: Clothes you don't mind to get dirty

Location: Caledon Hotel and Spa



ADVENTURES IN STANFORD WHALE WATCHING AND SCENIC FLIGHTS

Amount of persons: 1-3

Cost from: Depending on tour selected **Duration:** Depending on tour selected

Description: Helicopter or Aircraft trips available. Enjoy a scenic flight viewing famous spots like Cape Point, Cape Peninsular, Robin Island and much more. A beautiful view from all angles makes this an unforgettable experience **Other trips:** Scenic flights, Agulhas, Peninsula, Safari packages, Sundowner flights, Whale watching over Hermanus

Location: Stanford





ADVENTURES IN KLEINBAAT SHARK CAGE DIVING

Amount of people: 1 – 60 (utilizing two boats)

Cost: R1600 per person **Duration:** 4 - 6 hours

Information: 7 years to be on the boat and to cage dive 13 years and older

Description: Come experience the thrill of meeting the Great White Sharks face to face and enjoy a topside view from the boat. Preferred seasons run from April to October, but sightings occur all year around. Remember your cameras as this is an experience you don't want to forget. On Arrival they will enjoy a delicious Continental breakfast consisting of Muffins, Cereal, Yogurt, Scrambled eggs, Sausage, Fruit and Bread. While having breakfast the team will discuss the current sightings, indemnities, wet suits and equipment before heading off to board. 15 Minute boat ride to the Dyer Island where guests are fully briefed on all procedures and start entering cages. Sharks can be viewed from the top side as well. Guests will be treated to a light lunch buffet of sandwiches with different variety of fillings, crisps, fruit basket, soft drinks, mineral water and juice. After heading back the group regroup at the lodge where they receive hot vegetable soup and rolls while the shark team show them their trip on the monitor. **Dress code:** swim wear under your warm clothes as wetsuits will be provided, dry clothes for afterwards and remember to take

sea sickness tablets **Location:** Kleinbaai



SA FOREST ADVENTURES

ADVENTURES IN CAPE TOWN

CAPE TOWN ZIPLINE TOUR

Amount of people: 1 - 30 **Cost from:** R480 per person

Duration: 1 hour 30 minutes – Depending on the size of the group **Information:** Children 8 years and up, Maximum weight: 120kg

Description: At arrival your guides will welcome you and give you a brief introduction as to what to expect. A full safety briefing and demonstration will put you at ease before we start the process of driving into the mountain with our vehicles. The tour itself consists of 7 cables totalling one of Africa's longest Zipline Tours with +- 2.3 Kilometers in total. The Highest

Cable from the ground in the canyon is 155 meters from the canyon floor.

Dress code: No skirts or dresses, no slip on sandals **Location:** Silvermist Mountain Lodge – Constantia Nek



SAND BOARDING

Amount of people: 2 – Depending on time available

Cost from: R350 per person

Duration: 1 - 2 hours – Depending on the size of the group

Information: Children 6 years and up

Description: Come and enjoy a day out in the sun for an eventful day full of adrenalin and laughter on the dunes . We

will supply you with a board and safety gear

Dress code: Sunblock **Location:** Hout bay





JET BOAT — SPEED BOAT

Amount of people: 4-10

Cost from: R370 per person for 30 min / R700 per person for 60 min

Duration: Depending on package selection

Information: Kids need to be tall enough able to sit on the straddle seats.

Description: A 30 minutes trip is a quick and exciting ride from the Waterfront and along the Atlantic Seaboard. A 60 minutes trip for a fast Ride down the coast to see a large variety of marine life. Whales, African Penguins Cape Fur

Seals, Dolphins, Basking Sharks, Sun Fish and many species of bird life.

Dress code: Sunblock **Location:** Waterfront



TABLE MOUNTAIN ABSEIL

Cost from: R750 per person (Excluding cable car ticket)

Duration: Depending on package selection

Information: children 10 years and older, weight limit of 150 kg

Description: Step off the top, at 1000 meters above sea level, and Abseil into pure vertical space. This is the world's original highest commercial abseil. You are surrounded by awesome views with Robben Island, Lions Head, The Twelve Apostles and Camps Bay as the back drop and the deep blue Atlantic at your feet. We operate on a daily basis weather permitting between 10am and 3pm. Overall experience will take about an hour. Included in that time frame is the safety demonstration, harnessing up, doing the abseil and a short hike to get back on top of the mountain.

Dress code: Wear comfortable clothes and shoes and warm jacket.

Location: Table Mountain





CONSTANTIA WINE VALLEY CYCLE

Cost from: R1480 Duration: half day

Information: Bikes, equipment, guides and transfers are included

Description: Step back in time and trace the history of viniculture in South Africa by visiting the country's foremost wine estates in the lush **Constantia valley**. Meander through the rolling vineyards on your bicycle, learning first-hand about the various vintages, all the while framed by the brooding backdrop of the mighty Table Mountain. The valley also boasts an array of award-winning restaurants that are consistently voted among the best in the world.

Difficulty level: 1/3

Dress code: Wear comfortable clothes and shoes

Location: Constantia



SKYDIVING

Cost from: R2000 Duration: 3 hours

Information: A tandem jump requires general good health. Age, history of major illness, injuries or operations may exclude participation. Children 10 years and older. Weight limit 100kg

Description: On the way up in the aircraft, the view is breathtaking. To the South, the Mother City lies sandwiched between towering Table Mountain and bustling Table Bay harbour. Further to the south, and to the far side of the mountain, lies False Bay, Hout Bay and the splendour of the South Peninsula as far as Cape Point. To the West, you will spot Robben Island - Cape Town's own Alcatraz - and the Atlantic breaking on the beautiful Cape West Coast, as famous for its icy water temperature as its mouth-watering crayfish. To the North, the Langebaan lagoon , a great kitesurfing and windsurfing venue. Less than an hour after landing from your Skydive, you could be gazing out at Robben Island from the top of Table Mountain, relaxing on a wine farm in Stellenbosch, or eating seafood in one of the many fine restaurants at the V&A Waterfront.

Dress code: Wear comfortable clothes and well fitted

Location: 40km North of Cape Town





ADVENTURES IN FRANSCHHOEK

FRANSCHHOEK VILLAGE CYCLE

Cost from: R1480 **Duration:** 3 hours

Information: Bikes, equipment, guides and transfers are included

Description: The fascinating tour highlights significant Huguenot farms and how building styles changed over the years. We learn how to identify the early Cape Dutch buildings with their distinctive, ornate rounded gables, symmetrical windows and H-shaped design, and those that had been 'Victorianised' with the addition of verandahs and sash windows. We stop at the Huegenot Chocolate Factory for a tour and tasting before turning back to La Bri, this time through the vineyards of Mont Rochelle for the trip's wine tasting. A fitting nod to the wine culture of Franschhoek! NOTE: the tour can be extended to include two wine tastings and one cellar tour, culminating in a Half-Day Trip.

Dress code: Wear comfortable clothes and shoes

Location: Franschhoek





TEAM BUILDING - GROUP ACTIVITIES

SA Forest Adventures is pleased to offer the following Teambuilding activities .

Some of our activities can be held on or off-site or at a location which suits
your requirements. Package deals can be compiled including lunch, dinner, transport and anything else you may need.
Please note the Teambuilding activities does not include the venue and we require a booking of a minimum 10 people
The options below can be offered in different areas – quotation needs to be requested as rate may change.

*prices are subject to change



DRUMMING — FROM R350 PER PERSON

Each team member will be given an African drum called a Djembe. The facilitator will teach you the right technique to create the perfect rhythm by working together as a team. A great non-physical activity.



MINUTE TO WIN IT — FROM R350 PER PERSON

A Minute 2 Win It! is a fast-paced event that will have your teams laughing, cheering and vying to become the Minute 2 Win It! Champion. This ultra-competitive event is a perfect addition to corporate events or as a stand-alone team building activity.



CLAY SCULPTING — FROM R275 PER PERSON

Each team member will get the same amount of clay. According to the assignment, you have to use your clay to sculpt something fantastic. Getting your hands dirty is the best way to get the creative juices flowing. Your creation could look great on your desk at work





CANVAS PAINTING — FROM R450 PER PERSON

Each team member will receive his/her own canvas and brushes. The art facilitator will give you an assignment to complete according to your own imagination. This is a fun exercise and it will give you a little insight into your colleague's imagination. You will be able to take your painting home.

OR

The whole team will have to work together on this one. A good planning and strategy session will be essential before any paint sees the canvas. Portray the assignment given as a team, to create a master piece that could be exhibited in the office.



READY STEADY COOK — FROM R400 PER PERSON

The group will be split into teams. Each team will have a cooking station complete with utensils, stoves and all implements needed. With a limited time, limited ingredients and a whole lot of creative thinking, each team must create a 2 course meal with the ingredients provided and within the time allowed. This activity can get extremely competitive and the teams will be judged on presentation, taste, team work and imagination.



POTJIE KOS COMPETITION — FROM R450 PER PERSON

The group will be split into teams. Each team will have a cooking station with all the equipment needed to prepare your pot. Fires and hot coals will be available. A general 'pantry' station with all the fresh vegetables and spices will be set up. Each team will be judged on various criteria, from cleanliness to taste. The final product will be the dinner at the end, and the group will get a chance to enjoy each other's pots.



SUSHI MAKING — FROM R370 PER PERSON

Teaching people the art of making their own sushi. Whether you choose to do it for fun or as a team building exercise for you and your colleagues – the sushi lessons will be something different and special. Once you have learnt to roll your own sushi using a special sushi mat, you get to feast on your creations.





ICE BREAKERS — FROM R150 PER PERSON

These consist of a variety of fun ice breaker activities where individuals interact with each other to complete certain games set out for them. A great way to loosen up between or after a conference.



AMAZING RACE — FROM R600 PER PERSON

This activity is extremely versatile and can be done in any town or place. The group will be spilt into teams. Each team will receive a clue or 'route info' that will take them to various places. When the team arrives at the destination, they have to perform a task. Ones this task is complete, the next clue will be handed to them.

This event can run for anything from 2 hours to 2 days. It is a great way to learn about various places and it can become very competitive.



YOGA CLASS — FROM R600 FOR ONE PERSON, PLUS AN ADDITIONAL R150 PER PERSON

Whether you've never taken a yoga class before, or you're a seasoned yoga veteran, our yoga classes are both accessible and challenging. Yoga mats are not included



COCKTAIL TEAMBUILDING — FROM R600 PER PERSON

Learn the art of cocktail making – One of our experienced mixologists will demonstrate how to make a selection of mouth-watering cocktails, from either our classic or contemporary drinks menu. Then it is your turn to play bartender and get behind the bar to mix up your own cocktail, or two depending on group size. This activity will include a Cocktail making session, Shooters & Layering Session, Flair Session and finish off with a fun filled competition to see which team can do the best





NINEBOT AND OBSTACLE RELAY— From R400 Per Person

After you have learned how to handle the unique Ninebot before the relay starts, you will set off for the obstacle course where each person in the team will be selected to take part in a different section of the relay. This activity consists of Ninebot challenge, Mind games, physical challenges, puzzles and much more! Working together as a TEAM to complete the relay as fast as possible.



4 DAY ORANGE RIVER TRIPS

The Orange River Gorge is the most spectacular and easy runnable white water section of the Orange River at the times of the year we operate.

Deep in the Kalahari, the river cuts through a moonscape of granite cliffs with the amazing Gariep Falls tumbling into the Orange River Gorge.

We run downriver over several days. Our Camp sites along the river are as unique as the experience.

The Highlight of the Orange River rafting trip will be the portage into the gorge itself – Once at the bottom of the Gorge we paddle a few meters up to where we see the Waterfall dropping into the Gorge itself.

Here we will abseil or lower everything in to the Gorge +/- 40 meters down to the River below the Waterfall.

The Orange River Gorge is a very remote destination and only accessible by foot or rafting – it is one of the most undisturbed sights you will ever witness. This experience will be one of the highlights of our expedition if not your life.

We will also spend some considerable time "monster fishing" and if you don't know how to fish one of our experienced guides will assist you.

At night around a small contained fire we will look up at the stars and experience a sight unlike you have ever witnessed.

Our December School holiday trip has unfortunately been fully booked.

If your interested let us know and we will forward you the Information you need – Our Orange river rafting expedition experience will ensure you have memories for a life time. This is a must for any bucket list – we also cater for large groups and families and will adapt our itinerary to fit your needs and requirements.

For more information and images please visit our website www.riverraftingtrips.co.za





ADVENTURE DAY PACKAGE

- 1. Full day Free Guided Transport from start to end.
- 2. Visit to the Penguin Colony in Betty's Bay.
- 3. Travel the famous Coastal Road "Clarence Drive" 1 of the top ten most scenic coastal roads in the world
- 4. Sandboard one of Africas Highest Dunes
- 5. Visit Hermanus
- 6. Lunch at one of the sea side restaurants (drinks excluded)
- 7. Guided Quad bike (ATV) trail amongst the vineyards and olive plantations
- 8. A Zipline Tour

Our Trips depart daily from the Waterfront and bookings are essential.

Full Descriptions and pictures on the activities are available below.

Pick up and return to the Cape Town Waterfront in one of our Adventure Overlanders for your full day adventure trip.





TOURS AND TRANSFERS

We offer solutions for any transport requirements, with a fleet of vehicles suitable for transporting individuals and large groups in the area. SA FOREST ADVENTURES provides a meet and greet service which will be arranged free of charge depending on the size of the booking/vehicles. This service will be confirmed by SA FOREST ADVENTURES if it is needed. To make this successful an already compiled list must be sent containing the following information: Clients name and surname, flight number, landing time, contact number and company logo which we will display at the airport.

*prices are subject to change

Vehicles range in size and include:

- 1-2 SEATER SEDANS
- 7 SEATER MINIBUS
- 15 SEATER QUANTUM

- 15 SEATER SPRINTER
- 21 SEATER COACH
- 44-60 SEATER COACH



SIDE CAR TRANSFERS

Enjoy a scenic drive in a vintage World War II sidecar. With a fleet of 25 sidecars we can accommodate 50 people at a time for chauffeured tours, transfers, fun events and corporate breakaways.

1 or 2 passengers per sidecar.

Include use of all riding gear

Routes can be amended per passengers' requests.

Package cost can include meals and wine tastings.



VINTAGE TRANSFERS

From a wide verity of Classic cars will make this adventure one to remember. We can accommodate 70 people at a time for chauffeured tours, transfers, fun events and corporate breakaways.

1 or 3 passengers per Vehicle.

Routes can be amended as per your requests.

Package cost can include meals and wine tastings.





CHILDREN ENTERTAINMENT

Hosting a function for families? Need to keep the kids busy at a party?

Well, then you are at the right place! SA FOREST ADVENTURES offer different activities and entertainment for Children of all ages which help to break the ice which is a key part to having fun and making friends. Some of our Activities can be held at a location which suits your requirements. Please note the children activities does not include the Venue and we require a booking of a minimum 10 people

Contact us with your budget, dates, amount of children and time available

And we will put a package option together for you.

*prices are subject to change

MINUTE TO WIN IT	R 120,00 PER PERSON
MASTER CHEF DECORATIONS	
CLAY SCALPTING	R 90.00 PER PERSON
TREASURE HUNT	R 120,00 PER PERSON
CRAFT TIME (PAINTING & MAKING WACKY SACKS)	
FACE PAINTING	
DOG SHOW	
BIRD & SNAKE SHOW	
MAGIC SHOW	
PUPPET SHOW	R 1300.00 PER SHOW
JUMPING CASTLE	
SANTA VISITS	DEPENDING ON PACKAGE
EASTER BUNNY VISITS	DEPENDING ON PACKAGE

TAILOR MADE ACTIVITIES ALSO AVAILABLE







































HOTEL ADD ONS - OWN AN ADVENTURE SITE

We have assisted a number of Hotels, Game Farms and smaller establishments as well as consulted with a number of local government organizations on adventure tourism.

If you have a suitable site and would like us to assist you in adventure operations by identifying your needs vs your capabilities as well as our setup cost etc – Let us help you!

I started this business as I love adventure tourism and I have been in Tourism all my life from owning establishments to running tourism offices to creating unique products – I know every aspect of how this puzzle needs to be put together not just from the adventure perspective – and I LOVE IT.

We have a number of options from – consultation to full installation and management of the site to simply pointing you in the right direction.

Kind regards

Clinton