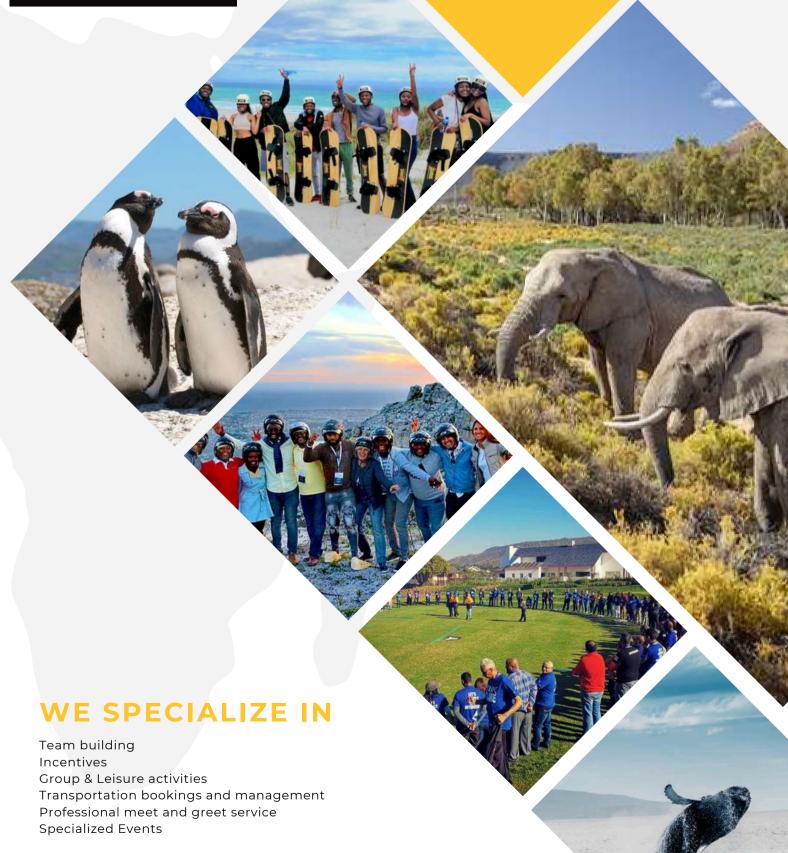


2025 PRICE GUIDE



+27 82 613 1213 | bookings@saforestadventures.co.za | +27 79 495 3987 www.saforestadventures.co.za



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Minute To Win It

A Minute 2 Win It! is a fast-paced event that will have your teams laughing, cheering, and trying to become the Minute 2 Win It! Champion. This ultra-competitive event is a perfect addition to corporate events or as a stand-alone team-building activity.







Cost From: R 450 per person



Clay Sculpting

Each team member will get the same amount of clay. According to the assignment, you have to use your clay to sculpt something fantastic. Getting your hands dirty is the best way to get the creative juices flowing. Your creation could look great on your desk at work.









Interactive Drumming

Each team member will be given an African drum called a Djembe. The facilitator will teach you the right technique to create the perfect rhythm by working together as a team. A great non-physical activity.







Cost From: R 450 per person

🕦 1-2 Hours 🎎 20+ group size





Charity Bike Build Team Building

A heart-warming charitable team-building activity where your team works together to build, decorate, and donate bikes to a local children's charity.







Cost From: Request Quotation



Potjiekos Competition

The group will be split into teams. Each team will have a cooking station with all the equipment needed to prepare your pot. Fires and hot coals will be available. A general 'pantry' station with all the fresh vegetables and spices will be set up. Each team will be judged on various criteria, from cleanliness to taste. The final product will be the dinner at the end, and the group will get a chance to enjoy each other's pots.







Cost From: R 650 per person



Archery and Axe Throwing

Using traditional bows and arrows, each team will run through a practice round to identify their most potent shooters, who will ultimately compete against each other. This activity also includes an axe-throwing segment, where participants will test their skills and precision. A real skill-based challenge that promises excitement and friendly competition.







Cost From: R 600 per person

1-2 Hours**¾** 5+ group size





Soap Box Derby

Design, build, decorate, dress and race your very own wacky racer in this hilarious derby. It's not all about speed (but it helps). There are several heats all based on teams creativity and innovation. The design will earn you as many points as taking the chequered flag!







Cost From: Request Quotation

🕓 2-3 Hours 🎎 40+ group size



Ice Breaker

These consist of a variety of fun ice breaker activities where individuals interact with each other to complete certain games set out for them. A great way to loosen up between or after a conference.







Cost From: R150 per person









The Amazing Race

Amazing Race is an exhilarating and dynamic event designed to inspire teamwork, strategy, and a sense of adventure. Participants will race through various checkpoints, completing tasks and challenges that test their physical stamina, problemsolving skills, and ability to work together effectively. Tailored to different settings, this race offers a thrilling experience that encourages teams to explore and enjoy their surroundings while building strong team dynamics. Each Amazing Race event is customized to fit the chosen location, ensuring a one-of-a-kind experience for all participants.

Customizable Areas:

Hermanus Town Hotel Properties V&A Waterfront, Cape Town Franschhoek Additional locations available upon request Instagram

Cost From: Request Quotation





Cocktail Team Building

Learn the art of cocktail making - One of our experienced mixologists will demonstrate how to make a selection of mouth-watering cocktails, from either our classic or contemporary drinks menu. Then it is your turn to play bartender and get behind the bar to mix up your own cocktail, or two depending on group size. This activity will include a Cocktail making session, Shooters & Layering Session, Flair Session, and finish off with a fun-filled competition to see which team can do the best.







Cost From: Request Quotation



The Chain Reaction Challenge

Inspired by the butterfly effect comes - The Chain Reaction Challenge! - where the task that teams grapple with is to create a deliberately complex contraption in which a series of devices that perform simple tasks are linked together to produce a domino effect in which activating one device triggers the next device in the sequence.







Cost From: R 590 per person

© 2 -3 Hours 🎎 30+ group size







The Catapult Construction Challenge

The catapult construction challenge is a fast-paced, fun, and interactive challenge. The catapult construction challenge will test the teams' ability to design a clear plan, put it together, refine it and safely launch an object the furthest with a few added twists.

*The size of the catapults will be determined by the size of the group and venue

Cost From: R 480 per person

🕓 2 Hours 🏻 🞎 30+ group size











Give Back To The Community Projects

Bring your team together for a day of fun and giving back! Our charity-focused activities are designed to boost teamwork and creativity while making a real impact. Whether it's building bikes, cooking up a storm, or tackling a charity race, your team will have a blast while doing good.

- * Bike Build for Charity
- * Charity Cook-Off
- * Art for a Cause
- * Playground Renovation Challenge
- * Charity Adventure Race

Cost From: Request Quotation









Painted Big Picture

Big picture: This problem-solving activity will teach participants how to work in a team & and it demonstrates divisionalized 'departmental' working, which is the understanding that each person working on their part contributes to an overall group result and results that can be hung up at their corporate headquarters.

Included in sessions price: The cost of this event is determined by the size and the number of canvases you choose for your event. The price of the session, per person, includes: a canvas, studio time, use of our famous buffet of nontoxic acrylic paint, brushes, aprons, and all the tools you would require to create your artwork.

Cost From: Request Quotation

①2 Hours 45+ group size









Interactive Gumboots

Interactive gumboot dancing unleashes energy to any event. We provide each person with a pair of gumboots. The Drumsound team will teach your group basic dance routines, and within a few minutes, the group will be grooving and stomping together.

Gumboot dancing is all about bringing people together and getting them to work in harmony to achieve a common goal.

Cost From: Request Quotation





The Master Chef

Cooking together with a group of people combined with expert tips, your true chef is revealed. We start the clock, make sure you are hydrated and everyone starts cooking together in their teams using the recipes provided & a mystery box challenge really gets the competition going. When the clock stops-you will be amazed by the dishes that YOU have created as you dig into the sumptuous harvest table.







Cost From: Request Quotation

🕦 1 Hours 🏻 💥 7+ group size



Mini Olympics

Ignite your team's spirit with our Mini Olympics, the perfect activity that combines mental and physical games! Suitable for both indoor and outdoor settings, this event brings together a variety of challenges designed to engage all skill levels. From strategic puzzles to exhilarating races, our Mini Olympics fosters teamwork, enhances communication, and strengthens bonds, all while having fun.







Cost From: Request Quotation

() 2-3 HOURS

35+ group size



Beach Games

Dive into fun with our Beach Games, the ultimate teambuilding experience by the sea! Whether you're racing in the sand, playing beach volleyball, or building the tallest sandcastle, our Beach Games offer a variety of exciting activities that cater to all fitness levels. Perfect for sunny days and coastal locations, these games are designed to foster teamwork, spark friendly competition, and create a relaxed, enjoyable atmosphere.







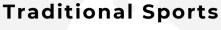
Cost From: Request Quotation

() 2-3 Hours

35+ group size







Step back into the fun of classic sports with our Traditional Sports Games! Perfect for both indoor and outdoor settings, this event features timeless favorites like sack races, water balloon runs, and more. These lighthearted and engaging activities are designed to bring out the playful side of your team, encouraging laughter, friendly competition, and team spirit. Whether you're looking to energize your group or just have some good old-fashioned fun, our Traditional Sports Games are the perfect choice to create lasting memories and stronger connections.







Cost From: Request Quotation

() 2-3 Hours





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HERMANUS

CAPE TOWN

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BETTY'S BAY









Sandboarding

Amount of people: 2 - 10 people Cost From: R 600 per person

Extras: Spectators not participating must pay an R40 per person

entry fee

Age Limit: Ages 5 and up

Times: 16h00 Duration: 2 hours

Information: You will walk on the dunes so average fitness is

recommended.

Description: Come and enjoy a day out in the sun for an eventful day full of adrenalin and laughter on the dunes overlooking Betty's Bay and the Atlantic Ocean with some breathtaking scenery and lots of fun. We will supply you with a board and safety gear.

Dress Code: Sunblock, water, and chocolate/energy bar to snack on. WATER is very important. Comfortable clothes and shoes to

walk up and down the dunes

Location: Betty's Bay









Guided Walk-and-Talk

Amount of people: 4 -50 people

Cost From: R 350 per person (depending on the number of

people)

Duration: 1 Hour 30 minutes

Description: Join our informative walking tour at Harold Porter National Botanical Garden. Discover diverse ecosystems, plants, and wildlife with our knowledgeable guide. Enjoy scenic views of mountains and gardens, culminating in a visit to a charming waterfall. This easy 1.5-hour walk-and-talk adventure awaits!

Dress Code: Comfortable clothes and walking shoes

Location: Harold Poter National Botanical Gardens - Betty's Bay



BETTY'S BAY









Guided Leopards Hiking Trail

Amount of people: 6 -20 people

Cost From: R 450 per person (depending on the number of

people)

Duration: 2 to 3 Hours

Description: Start your hike on the Fynbos Trail, offering stunning views of Betty's Bay and the sea. Follow Leopards Trail, crossing streams, and reaching a beautiful waterfall. The path ascends briefly, then descends to the first river crossing. Look for leopard scratch marks on tree stems, possibly giving the Kloof its name. Keep an eye out for leopards at night. Continue with two more river crossings to reach the first waterfall. Climb ladders to the second and third waterfalls, with the final destination at the base of the third waterfall. Take time to savor the tranquility of this special spot before heading back.

Dress Code: Comfortable clothes and walking shoes

Location: Harold Porter National Botanical Gardens - Betty's Bay











Quad Biking

Amount of people: 1 - 10 people

Additional Quads: Can be arranged upon request

Cost From: R 900 per person Children U16: R 450 per person Times: 09:00, 11:00, 13:00, 15:00 Duration: 1 hour 30 minutes

Information: Ages 6 to 15 are lifted on the Quadbikes (Half price

for this age range)

Ages 16 and above can drive on their own if they pass the driving

test (full price from this age - even if lifted)

Description: Depart from the base camp on one of our routes on this amazing Fynbos farm. The trail is easy to moderate and the guides will ensure you have a memorable experience. The trail starts with a curvy and flat drive but slowly as you get the hang of it the tour starts heading up the mountains and past the Honingklip Dam. The views are some of the best offered from all

the trails.

Dress code: Comfortable clothing - preferably closed shoes - if it's raining we will provide a full raincoat but you need to ensure your shoes are old or washable.

Location: Botriver - Honingklip Farm (just outside of Hermanus)









Archery & Axe Throwing

Amount of people: 5 - 40 people

Additional group space: Can be arranged upon request

Cost from: R 600 per person **Times:** Available on request

Duration: 2 hours depending on the group size

Description: Using traditional bows and arrows, each team will run through a practice round to identify their most potent shooters, who will ultimately compete against each other. This activity also includes an axe-throwing segment, where participants will test their skills and precision. A real skill-based challenge that promises excitement and friendly competition.

Dress code: Comfortable clothes and flat shoes.

Location: Botriver - Honingklip Farm (just outside of Hermanus)

 Please take note our archery and axe-throwing activities can be utilized at multiple of our sites.



CALEDON







K3 - The Worlds Longest Zipline

Amount of people: 1-8 people

Cost From: R 1800

Times: According to availability

Duration: 2 hours - 2 hour and 30 minutes

Description: Experience the thrill of a lifetime on the world's longest zipline! Spanning 3.2 km and reaching speeds of up to 120 km/h, this is a true bucket list adventure. Your journey begins with a 7 km 4x4 ride along our exclusive mountain trail, leading to the starting point, nearly 500 meters above our base camp. **Dress code:** Comfortable and warm clothing - preferably closed

shoes.

Location: Caledon (just past Myddleton)









Caledon Ziplines

Amount of people: 1 - 6 people Cost from: R 550 per person Times: 09:00, 11:00, 13:00, 14:00 Duration: 1 hour to lhour 30 minutes

Description: Embark on the Caledon Tree Top Zipline Tour for an exhilarating adventure amidst nature. Soar over a lush landscape, from ivy-covered grounds to majestic oaks, accompanied by a symphony of wildlife sounds. The tour features zip lines ranging from 8 to 18 meters high and spanning 60 to 200 meters, suitable for both kids and adventure enthusiasts. Glide through 12 platforms with a safe braking system, enjoying either an adrenaline-filled journey across 1.2 km or a serene experience in this natural paradise. This tour offers a memorable adventure for all, blending thrill and beauty.

Dress code: Comfortable clothes and flat shoes.

Location: Caledon Hotel and Spa



CALEDON

















Quad Biking

Amount of people: 1 - 8 people

Additional Quads: Can be arranged upon request

Cost From: R 550 per person **Children U16:** R 350 per person **Times:** 10:00, 12:00, 14:00, 16:00

Duration: 45 minutes

Information: Ages 6 to 15 are lifted on the Quadbikes (Half price

for this age range)

Ages 16 and above can drive on their own if they pass the driving

test (full price from this age - even if lifted)

Description: Arrive at the Caledon Hotel and Spa. After a brief orientation and practice run at the sites office, embark on a thrilling quad biking experience. The Caledon Quad trail, nestled around the scenic Caledon Hotel and Spa, it offers an intimate and exciting adventure. Experience varying speeds, with safety as priority, under the guidance of the experts. The trail is designed for an enjoyable 45-minute ride, showcasing the beautiful surroundings.

Dress code: Comfortable clothing - preferably closed shoes - if it's raining we will provide a full raincoat but you need to ensure

your shoes are old or washable. **Location:** Caledon Hotel and Spa

Paintball

Amount of people: 10 people

Cost From: R 330 per person minimum of 8 players

Times: Provided when booking is made.

Duration: 45 minutes

Description: Experience an unforgettable paintball adventure! The field is filled with cover spots and obstacles, creating the perfect setting for an exciting game. See which team retrieves the flag first in this thrilling challenge. Due to high demand, bookings are essential. Overalls are available at an additional cost. Join us for a paintball game that ticks all the boxes! Players over 16 can rent protective overalls for R30.

Dress code: Comfortable clothing - preferably closed shoes

Location: Caledon Hotel and Spa

• Paintballing is also available at Cape Town Ziplines.











Cape Town Ziplines

Amount of people: 1-8 people Cost per adult: From R950

Cost per child ages 6 and older: R950(no kids under the age of

6)

Times: 09h30, 10h00, 11h30, 12h00, 13h30, 14h00, 15h30.

Duration: +- 2 hours **Description:**

Embark on a thrilling adventure with Cape Town Ziplines, featuring breathtaking views, 4x4 drives, and high-flying ziplines above Constantia. Starting at Silvermist Estate, guests receive a

above Constantia. Starting at Silvermist Estate, guests receive a safety introduction before a hair-raising journey into the mountains, providing a spectacular panorama of Cape Town. Nestled in Table Mountain National Park Reserve, the adventure includes traversing between 12 platforms, offering immersion in natural beauty. The zipline tour, often mistaken for Table Mountain Nature Reserve, descends from mountain heights, providing unmatched scenic vistas of Cape Town. Rated among the top attractions for Cape Town Adventures, Cape Town Ziplines guarantees a memorable journey with experienced guides, some ziplines reaching 250 meters high and the longest extending nearly 500 meters. Elevate your Cape Town experience with this unparalleled ziplining adventure.

Dress Code: Comfortable clothes and shoes.

Location: Cape town









Hopper Helicopter Tour

Amount of people: 1 - 6 people Cost per adult: From R3 400

Duration: 12 Minutes

Average Flight Distance: 28 km (weather dependent)

Booking times: 08h00 - 17h30

Description:

Embark on an exhilarating journey with The Hopper – a high-speed tour designed for those with limited time, taking off from the iconic V&A Waterfront. Experience the thrill of soaring over the Atlantic Ocean, spotting majestic whales and playful dolphins below. Marvel at the 2010 FIFA Soccer World Cup legacy, Green Point Stadium, and take in breathtaking panoramic views of Robben Island and Table Mountain. Along the Atlantic coastline, enjoy the stunning sights of Cape Town City Bowl, pristine white beaches, and the Twelve Apostles mountain range. The Hopper guarantees a whirlwind of enchanting moments and unforgettable vistas, making it the ultimate adventure for those seeking a quick yet mesmerizing experience.

Dress Code: Comfortable clothes and shoes.











Atlantico Helicopter Tour

Amount of people: 1 - 6 people Cost per adult: From R4 800 Duration: 18 Minutes

Average Flight Distance: 50 km (weather dependent)

Booking times: 08h00 - 17h30

Description:

If you're dreaming of admiring Cape Town's vast ocean vistas, the Atlantico is an idyllic treat. Upon departing from the Helicopters' base at the V&A Waterfront, you'll soar over Cape Town's scenic City Bowl, and out over the Atlantic Ocean.

To your right, you'll see breathtaking blue-green water stretching past the horizon, interrupted only by the occasional whale or dolphin. To your left, the majestic Table Mountain and the Twelve Apostles mountain range stand proudly, rolling down into the sandy white beaches and seaside suburbs of Clifton and Camps Bay – and further afield, Llandudno.

You'll see Seal Island on your right, before crossing into Hout Bay and Chapman's Peak's unspoiled cove. Then you'll get to experience it all again, as you journey back along the Peninsula to the V&A Waterfront.

Dress Code: Comfortable clothes and shoes.

Location: Cape Town









Three Bays Tour

Amount of people: 1 - 6 people Cost per adult: From R6 400 Duration: 24 Minutes

Average Flight Distance: 70 km (weather dependent)

Booking times: 08h00 - 17h30

Description:

You will truly uncover Cape Town's multi-faceted character on the Three Bays Tour. Starting at the V&A Waterfront, this tour takes you over the pristine outer Cape Peninsula, then along Table Mountain and the Twelve Apostles mountain range. You'll see the Atlantic Seaboard's unspoilt white beaches unfold in front of your eyes as you fly along coastal Clifton, Camps Bay and Llandudno and, if you're lucky, whales may welcome you enroute to Hout Bay's lush greenery and aquamarine waters. Then, your flight will head inland, over Cape Town's southern suburbs before the glistening False Bay appears on the other edge of the Peninsula. Here you will get a chance to view Fish Hoek and Muizenberg from above. On the equally spectacular return flight along the Southern Seaboard, you'll get to take in the sky-high view of Cape Town's bustling City Bowl before landing back at NAC Helicopters at the V&A Waterfront.

Dress Code: Comfortable clothes and shoes.











Cape Point Tour

Amount of people: 1 - 6 people Cost per adult: From R 12 300

Duration: 40 Minutes

Average flight distance: 120 km (weather dependent)

Booking times: 08h00 - 17h30

Description:

If you're dreaming of admiring Cape Town's vast ocean vistas, the Atlantico is an idyllic treat. Upon departing from NAC Helicopters' base at the V&A Waterfront, you'll soar over Cape Town's scenic

City Bowl, and out over the Atlantic Ocean.

To your right, you'll see breathtaking blue-green water stretching past the horizon, interrupted only by the occasional whale or dolphin. To your left, the majestic Table Mountain and the Twelve Apostles mountain range stand proudly, rolling down into the sandy white beaches and seaside suburbs of Clifton and Camps Bay - and further afield, Llandudno.

You'll see Seal Island on your right, before crossing into Hout Bay and Chapman's Peak's unspoiled cove. Then you'll get to experience it all again, as you journey back along the Peninsula to the V&A Waterfront.

Dress Code: Comfortable clothes and shoes.

Location: Cape Town









Robben Island Tour

Amount of people: 1 - 6 people Cost per adult: From R4950

Duration: 18 Minutes

Average Flight Distance: 23 km (weather dependent)

Booking times: 08h00 - 17h30

Description:

Taking off from the V&A Waterfront, you'll hover over the harbour for a moment, drinking in Green Point and the Cape Town cityscape. Below you, the deep blues and greens of the Atlantic Ocean stretch to the horizon, interrupted only by the white crest of a wave or the occasional pod of dolphins. As you move further away from the Cape Peninsula, Robben Island comes into view in front of you.

You dip towards the island, sweeping over its diverse collection of fauna and flora as you enjoy an aerial view of the buildings and importantly, the prison where Nelson Mandela and other freedom fighters were imprisoned before you turn to face the Cape Peninsula again. On your return flight, you'll be greeted by the full splendour of Table Mountain as you travel along the pristine Blouberg coastline back towards the City Bowl.

Dress Code: Comfortable clothes and shoes.











Cape SideCar Adventures

Amount of people: 1 and more people Cost per adult: Request for quotation

Duration: 2 - 8 hours

Starting Time: According to availability

Description:

Discover Cape Town with a unique chauffeured vintage motorbike and sidecar tour. Our fleet of 50 sidecars offers customizable trips, complete with retro leather jackets, goggles, and helmets for a truly memorable experience. Suitable for all ages, it's a perfect adventure for the whole family.

Dress Code: Comfortable clothes and shoes.

Location: Cape Town









Adventure Day Tour

Amount of people: 2 and more people

Cost per adult: From R 4 000

Duration: 6 - 7 hours

Starting Time: According to availability

Description:

The Cape Adventure Day Tour offers a guided full-day experience starting in Cape Town.

Included:

- · A visit to the penguin colony in Betty's Bay.
- · A drive along the scenic Clarence Drive.
- · Archery
- · Exploring Hermanus, a picnic lunch.
- · Quad biking through Fynbos and olive plantations.
- · A tree top zipline tour.

Tours depart daily from the City Sightseeing offices at 81 Long Street, Cape Town, with optional custom pickup available for an additional fee.

Dress Code: Comfortable clothes and shoes.



GANSBAAI / STANFORD









Shark Cage Diving

Amount of people: 1 - 20 people

Cost adult: R 3 510 Cost for Child U12: R 1 970 Extras: Conservation fee of R100

Age Limit: 13 years and older to shark cage dive

Times: 07h00 or 11h00 Duration: 5 hours

Description: How it begins:

Enjoy a delicious breakfast and discuss current sightings, indemnities, wetsuits, and equipment before heading off to board our custom-built 36 ft, 4-ton white shark dive catamaran – 'Shark Team'. We limit her to 20 passenger capacity plus 5 crew to ensure your comfort and viewing pleasure throughout your adventure experience . You get to meet one of our intrepid skippers, a qualified paramedic, a Dive Master and our friendly crew and enjoy a short talk on shark anatomy and behavior. We explain how White Shark Projects works with the sharks in the area and how you will spend the next couple of hours diving and viewing these wondrous predators in their natural habitat.

As the day unfolds:

You are fully briefed on all procedures and the action begins as our crew 'scents' the cruise area and you wait with bated breath for your initial glimpse of the first shark fin. Sharks are usually wary at first and we wait a while for them to settle and then lower the dive cage. Our first guests enter the cage (which takes 5 – 6 people) and spend about 20 minutes face to face with the sharks! We will work with individual sharks and you can enjoy topside viewing during your wait as shark activity is often close to the surface. In fact, Great Whites are also known for their 'spy hopping' – breaching right out of the water in pursuit of prey! Topside viewing can yield a lot of those action shots!

Dress Code: Swimwear under your warm clothes as the wet suits will be provided, dry clothes for afterward, and remember to take seasickness tablets

Location: Gansbaai/Stanford



GANSBAAI / STANFORD









Marine Big 5 Trip

Amount of people: 1 - 24 people

Cost adult: R 2 145

Cost for Child U12: R 1 600

Children u/5 years: Free of charge Extras: Conservation fee of R100

Times: 07h00 or 11h00

Duration: 5 hours

Description:

Immerse yourself in the Dyer Island ecosystem and meet the Marine Big 5: whales, dolphins, seals, sharks, and endangered African penguins. Depending on the season, you may encounter Humpback, Bryde's, or Southern Right Whales. Unique to our company, observe sharks from the boat year-round. Visit Geyser Rock to see thousands of Cape Fur seals, African penguins, and various seabirds, while exploring the bay for playful dolphins.

Dress Code: Swimwear under your warm clothes as the wet suits will be provided, dry clothes for afterward, and remember to take

seasickness tablets

Location: Gansbaai / Stanford









Honeybees and Tasting

Amount of people: Max 10 people

Cost adult: R 700 **Times:** 09h30 - 12h00

Duration: 2 hours 30 minutes

Description: Join us for an unforgettable bee experience perfect for beginner beekeepers, bee enthusiasts, and honey lovers. You'll get an up-close look at bees in their hive, learn about honeybees, raw honey production, and the practices of beekeeping. The adventure begins with a meet and greet over coffee or tea, followed by an introductory workshop on the basics of beekeeping. Weather permitting, you'll suit up and meet our beloved Capensis bees on the farm. The experience concludes with a delightful honey tasting, where you can sample different raw honey varietals and purchase local raw honey fresh from the

Dress Code: comfortable shoes and clothing

Location: Willowdale farm, Stanford











Orchard Trail

Amount of people: 1 - 10 people

Cost From: R 650 per person, R 850 solo rider

Times: 08:00, 11:00, 14:00, 17:00

Duration: 1 hour 30 minutes (30min Pre-ride instruction and

60min outride)
Weight Limit: 100 kg

Permitted rider ages: 7 - 70 years

Description: Our Orchard Trail is ideal for beginners or families with young children that would like to experience an adventure on horseback in beautiful surroundings. We keep the duration of this trail 60 minutes to ensure riders have a good first-time experience. We focus on handling the horse correctly and maybe introducing you to your first trot.

Dress Code: Comfortable clothes with no loose, flapping pieces. No skirts, dresses, or loose items that could come off during your

Long hair to be tied up, comfortable non-slip shoes as we walk a

bit to get to each platform, and Sunscreen. **Location:** Hermanus Hemel en Aarde Valley









The Bosman Frame House Trail

Amount of people: 2 – 8 people Cost From: R 900 per person

Extras: Add R100 / person for winetasting. **Times:** 08h00, 11h00, 14h00, 17h00

Duration: 2 hours 30 minutes (20-30min pre-ride instruction and

2 hours trail and wine tasting)

Weight Limit: 100 kg

Permitted rider ages: 7 - 70 years

Description: The Bosman Frame House is complemented by the aromatic smell of the indigenous fynbos, majestic mountains, and fertile soil. Innocently draped in pure white, this frame house is the perfect destination for our guests who would appreciate a stroll on horseback for beginners or an exhilarating ride with lots of trotting and cantering possibilities for our experienced guests. Whether it is wine-tasting on the deck overlooking the vines or a light meal for two to enjoy, this experience promises to be delightfully, dreamily, and memorable.

Dress Code: Comfortable clothes with no loose, flapping pieces. No skirts, dresses, or loose items that could come off during your trip.

Long hair to be tied up, comfortable non-slip shoes as we walk a

bit to get to each platform, and Sunscreen. **Location:** Hermanus Hemel en Aarde Valley











Exclusive Trail

Amount of people: 1 – 10 people

Cost From: R 700 per person, R 700 solo rider

Times: 08:00, 11:00, 13:00, 16:00

Duration: 2 hours (30min Pre-ride instruction and 90 min

outride)

Weight Limit: 100 kg

Permitted rider ages: 7 - 70 years

Description: Ideal for taking that special person or the whole family on a splendid adventure. During these timeslots we only book one group and our guides will give riders special attention and instruction during the ride. Any experience level can be accommodated – walk, trot and canter as per clients needs. **Dress Code:** Comfortable clothes with no loose, flapping pieces. No skirts, dresses, or loose items that could come off during your

Long hair to be tied up, comfortable non-slip shoes as we walk a

bit to get to each platform, and Sunscreen. **Location:** Hermanus Hemel en Aarde Valley









Sea Kayaking

Amount of people: 17 people Cost From: R 500 per person Age Limit: 12 years and older

Weight limit: 110kg

Times: November to April: 8h00, 10h30 and 1 pm May to October: 9h00, 11h30 and 14h00

Duration: 2 hours

Information: No Experience necessary.

Description: Explore the magic of our unique coastline with its abundant marine life up close and personal in one of our stable kayaks in the company of an experienced guide. Glide across sparkling water while enjoying a view of the majestic mountains, sea cliffs, and marine life. On our tours, you will enjoy sightings of Cape fur seals, penguins, cormorants, and other sea birds and marine mammals. Whatever time of year this is an experience not to be missed.

Dress Code: Wear shorts and a T-shirt. A hat and sun cream and a jacket for those cooler days. You can go barefoot or with sandals, it is up to you - your feet shall get wet! Also, bring a towel and a change of clothes for afterward.

Location: Hermanus - New Harbour











Whale Watching

Amount of people: 1 - 166 people Cost From: R1500.00 per person Children u/12yrs – R 660.00 per person

Children u /3yrs - FREE

Private charters will be quoted on request. **Time:** 06H30, 09H00, 12H00 & 15H00 **Duration:** 1 Hour 30 minutes - 3 hours

Information: Clients must arrive 30 minutes prior to the boat

departure time.

Description: The Southern Right Whales visit our shores from June to November before migrating back to Antarctica. Spectacular sightings are possible from the boats to observe these mammals at close quarters. Refreshments bar on board - No alcohol is permitted on the whale watching trips as per permit regulations, however, the bae is licensed and fully stocked for scenic and private cruises out of whale season.

Dress Code: Comfortable shoes, warm jacket and remember to

take seasickness tablets.

Location: Hermanus - New Harbour



Boat Option 1: Amount of people: 1 - 50 Times: 09h00, 11h00, 14h00, 16h00



Boat Option 2: Amount of people: 1 - 36 Times: 09h00, 11h00, 14h00, 16h00



Boat Option 3: Amount of people: 1 - 87 Times: 09h00, 11h00, 14h00, 16h00











Abalone Tour and Tasting

Amount of people: Min 5 - Max 45 people

Cost for adults: R 600 Tour without tasting: R290

- Children under 16 pay half price for a tour, excl. tasting.
- Pensioners receive 10% discount!

(Prices subject to change) **Duration:** 1 hour 15 minutes

Description: Meet up with your tour guide at the Heart Shed in the New Harbour of Hermanus. Sit back and relax while you learn about the history of abalone in South Africa and Hermanus' Walker Bay area. Boot-up for a guided walk to experience the aquaculture industry of abalone farming firsthand on one of the oldest and largest abalone farms in South Africa, Abagold. Visit Abagold's state-of-the-art abalone hatchery where broodstock is cared for and baby abalone (spats) are produced. Experience the farming activities of feeding, tank cleaning, and sorting of the abalone firsthand.

Dress Code: Comfortable clothes and shoes

Location: Hermanus - New Harbour









Wine Tasting Tours

Amount of people: 2 - 100 people Cost tasting only: R 550 per person

Cost tasting & shared platters: R 850 per person

*Transportation to be booked prior
*All extras are to be settled directly

Times: 10h00 - 15h00 depending on availability

Duration: 2 - 4 hours

Information: Visit 2-3 Wine Farms in the Hemel-en-Aarde Valley.

Depending on availability

Description: Enjoy a customized wine tour with Specialized Adventure in either the Hemel en Aarde Valley, Botriver, Elgin, or Stanford. Choose between wine tasting only or wine tasting with light shared platters. For larger groups, a hop-on guide is included at no extra cost. Tailored to your group size and preferences, this is a wine journey crafted just for you. **Dress Code:** Comfortable shoes and a warm jacket

Location: Hermanus - Hemel en aarde Valley



















Whale Walking Tour

Amount of people: 3 - 25 people

Cost for adults: R 850

Availability: July to November (Whale Season)

Duration: 1 hour 30min to 2 Hours

Description: Meet up with your tour guide at Gearings Point where you will visit The Whale House museum which houses a suspended whale skeleton and whale exhibition. Learn all about the history and habitat of these beautiful creatures. Thereafter you will take a walk along the cliff path to meet up with the world's only Whale Crier for an informative talk on the whales and try to look for a few from the cliffs. Hermanus is probably the best land-based whale-watching destination in the world. If you are going to see the whales from the shore, this is the best spot to do so. We will then grab some ice cream along the way and walk a section of the Cliff path back to Gearings Point to admire the beautiful statues made by local artists before heading back home.

Included: Tour guides, entrance fees, whale crier appearance, a

locally made souvenir and ice cream.

Weather: if the weather turns you will be provided with

umbrellas/ponchos

Dress Code: Comfortable clothes and shoes **Location:** Hermanus - Gearings Point

Sunset Cruise

Amount of people: 1-10 people

Cost: R 1 650 per person

*Transportation to be booked prior *All extras are to be settled directly

Departure Time: 18h00

Duration: 2 hrs ±

Description: Join us for an exquisite sunset cruise at the harbour in Hermanus. The cruises are 2 hours and you can meet the crew on the quayside for your Sunset Cruise. The time of departure and area of the cruise depends on the season and sunset times where we will head out and follow the coastline into the sunset. On the Majestic, you can enjoy a glass of wine or Bubbly on the top deck, or up front on the spacious bow of the boat. The crew will gladly take photographs of you and your friends/family whilst the awesome summer sun sets behind you. You will receive a complimentary glass of wine, beer, or a cold drink as well as snacks. Please feel free to request some lovely food of your choice for your family or friends to be on the Sunset Cruise in Hermanus.

Dress Code: Comfortable shoes and a warm jacket

Location: Hermanus - New Harbour



KLEINMOND

















White Water Rafting

Amount of people: 2 - 40 people **Cost From:** R 700 per person

Age Limit: 8 and older when the rafts are being used

Weight limit: 110kg

Times: River rafting is available during the winter months (ideal for rainy weather) and tubing during the summer months

depending on the water level.

Duration: 2 to 4 hours (depending on the river flow)

Information: Must be average fitness level and higher. If not, please indicate so we can ensure a guide will take care of you

during the trip.

Description: The scenery is breathtaking as the mountains tower over you, and the lush green nature reserve stretches as far as the eye can see. The smell of fynbos cloaks around the river, as insects buzz, and the sound of wildlife echo off the gorges. Professional guides lead you on this adventurous ride of a lifetime, but bookings are essential.

Dress Code: A set of dry clothes and your swimwear. Towels, sunblock, water, and chocolate/energy bar to snack on. We provide wetsuits but if you're more comfortable with your own wetsuit you're more than welcome to bring this along. Comfortable shoes that are able to take water.

Location: Kleinmond - Kogelberg Nature Reserve

River Tubing

Amount of people: 2 - 15 people Cost From: R 700 per person

Age Limit: 8 and up when the rafts are being used

Weight limit: 110kg

Times: River rafting is available during the winter months (ideal for rainy weather) and tubing during the summer months

depending on the water level.

Duration: 2 to 4 hours (depending on the river flow)

Information: Must be average fitness level and higher. If not, please indicate so we can ensure a guide will take care of you

during the trip.

Description: Tubing offers endless enjoyment - as you cascade down the mountainside there are different drops and tumbling mini falls. The Tubing unfolds on the Palmiet River, which snakes along small boulders and vegetation, providing the ideal ambiance for this laid-back activity.

Dress Code: A set of dry clothes and your swimwear.

Towels, sunblock, water, and chocolate/energy bar to snack on. We provide wetsuits but if you're more comfortable with your own wetsuit you're more than welcome to bring this along.

Comfortable shoes that are able to take water. **Location:** Kleinmond - Kogelberg Nature Reserve



KNYSNA









Knysna Ziplines

Amount of people: 8 clients at a time

Cost From: R850 pp for the 4 cable tour and R1100 for the 6 cable

tour

Age Limit: 8-years and older

Weight limit: 120kg

Times: 08:00 - 17:00 (weather permitting)

Duration: 2 to 3 hours

Information: Must be average fitness level and higher. If not, please indicate so we can ensure a guide will take care of you

during the trip.

Description: Knysna Ziplines has especially been designed and installed to enhance the natural beauty of the Kranshoek Sanparks picnic site. The ziplines are some of the longest you will experience. Extremely long cables crisscross the gorge at the picnic site and with heights of +- 200 meters it will certainly be a memorable experience.

Dress Code: Dress comfortable with closed shoes and bring

sunblock for the warmer days.

Location: Corner of N2 national road and Harkerville road Coral

Breeze coffee shop Sasol Garage Harkerville, Knysna.



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Clay Sculpting

Each team member will get the same amount of clay.
According to the assignment, you have to use your clay to sculpt something fantastic. Getting your hands dirty is the best way to get the creative juices flowing. Your creation could look great on your desk at work.







Cost From: R 300 per person

① 2 Hours 🎎 20+ group size



Archery and Axe Throwing

Using traditional bows and arrows, each team will run through a practice round to identify their most potent shooters, who will ultimately compete against each other. This activity also includes an axe-throwing segment, where participants will test their skills and precision. A real skill-based challenge that promises excitement and friendly competition.







Cost From: R 490 per person





Yoga

Our 1-hour Yoga session offers a peaceful yet invigorating practice, blending gentle stretches, mindful breathing, and fluid movements to enhance flexibility, balance, and relaxation. Whether you're new to yoga or a seasoned practitioner, this class caters to all levels, guiding you through poses that strengthen the body and calm the mind. Leave the session feeling refreshed, centered, and rejuvenated, ready to take on the rest of your day with a sense of peace and clarity.







Cost From: Request Quotation



Master Quiz

Divided into smaller groups to play The Master Quiz game against each other. Have fun, be cool and be smart! Hit the buzzer first to answer the question, test your knowledge about cars, slogans and cartoons.







Cost From: Request Quotation









Perfume Workshop

Discover the world of perfume crafting in our Ultimate Package. Delve into perfume history, explore base notes, and compose your own unique scent with imported perfume oils from Grasse, France. With guidance from the team, mix your personalized fragrance and bottle it to take home. This activity is perfect for **men and women**. Record your formula and create a complementary cream, oil or perfume depending on the package you selected.

Cost From: R 1100.00 per person (choose between oil, cream or perfume) **Cost From:** R 1400.00 per person (including oil, cream and perfume)

()1h30mins - 2 Hours 2 Hours 10+ group size





The Culinary Experience

Take your skills to the next level under the wing of our NPO Cooking School called Culinary Academy South Africa. Journey with our chefs & cook a hands-on 2 course menu themes Italian Feast, Journey to Japan, Mexican Fiesta, Mediterranean Escape, French Flair or Spice Odyssey.







Cost From: Request Quotation



Bootcamp

Our 1-hour Bootcamp session is an intense, full-body workout designed to push your limits and improve strength, endurance, and agility. Suitable for all fitness levels, it combines cardio drills, strength training, and high-intensity intervals to give you a powerful, effective workout. Expect to sweat, challenge yourself, and leave feeling energized and accomplished. Get ready to crush it in just 60 minutes!







Cost From: Request Quotation











Safari Tour

Amount of people: 1 - 200 people Cost per adult: From R1 890 per adult

Cost per child U4: Free

Cost per child ages 4-11 years old: 50% off adult price

Times: 12h00 - 16h30

Duration: 4 hours (1 hour - Welcome drinks & breakfast upon

arrival and 2-3 hours safari drive)

Description: Our Touws River safari trip has been rated by Sawubona magazine as one of the Top 10 best day-trip destinations. The safari is led by an experienced guide who will share inside stories and facts about your surroundings – easily rousing your inner wild side.

Duration of game drives and departure times are approximate and dependent on the interaction of the guests with the ranger and the sighting of animals.

Included:

Welcome drinks, buffet-style breakfast upon arrival, and a 2-3hr game drive.

Excluded:

Transport to the reserve and back can be booked as an optional add-on.

Dress Code: Comfortable clothes and shoes. Please bring a bathing costume to take a dip in the pool during your leisure time, sunblock, and warm clothing.

Location: Touws River











Cape of Good Hope Tour

Amount of people: 2 - 7 people (larger groups on request)

Cost per adult: Request for quotation

Duration: Full day - Collection at 07h30 | Return 20h30

Description: Discover the splendors of the Cape of Good Hope on a guided tour filled with breathtaking sights and unique experiences. Starting from your hotel at 7:30 AM, embark on a journey to witness the majestic Cape Point via the Funicular, encounter ostriches up close, and visit the charming Boulders Beach Penguin Colony.

Savor a delightful lunch at Kalk Bay with seal viewing, and enjoy a scenic drive back, featuring views of Table Mountain and Lion's Head. This tour includes expert guidance, transportation, and refreshments, ensuring a comfortable and enriching experience.

Included:

Qualified Tour Guide, Water (still and sparkling) , Transportation

Excluded:

Entrance fees, lunch, and extra activities are excluded. **Dress Code:** Comfortable clothes and walking shoes.

Location: Depart from the Arabella Hotel









Jeep Tours Cape Town

Amount of people: 2 and more people **Cost per adult:** Request for quotation

Duration: 3 Hours

Description: Jeep Tours Cape Town is a female-owned adventure tourism company that provides chauffeured driven tours of Cape Town and its surrounding areas in specially designed Jeep Wrangler vehicles. We offer a range of tours to suit different interests and preferences, such as dune tours, wine farm tours, cultural tours, adventure tours as well as large group transfers.

Dress Code: Comfortable clothes and walking shoes.









Table Mountain Tour

Amount of people: 2 and more people Cost per adult: Request for quotation Duration: According to availability

Description:

Majestic flat-topped peak in Cape Town, South Africa. Reachable by cable car or hiking trails. Offers stunning views of the city and surrounding landscapes. Rich biodiversity and UNESCO World Heritage Site status. Perfect for outdoor enthusiasts and nature lovers.

Dress Code: Comfortable clothes and walking shoes.

Location: Cape Town









Vintage Car Tours

Amount of people: 2 and more people Cost per adult: Request for quotation Available times: 14h00 - 18h00

Duration: 4 Hours

Description: Classic Rides, established in 2016, offers chauffeur-

driven classic cars for events in Cape Town and

Johannesburg/Pretoria. We cater to weddings, matric balls, tours, and birthdays. Our cars, owned by passionate collectors who often chauffeur, are in excellent condition. Our online booking system ensures easy reservations and prevents double bookings.

Dress Code: Comfortable clothes and walking shoes.











City Tour - Kids

Amount of people: 2 and more people Cost per adult: Request for quotation

Available Times: Hours: Depending on group size **Duration:** Date & Time - According to availability

Description:

Enjoy and explore the Cape with the whole family:

- The Castle
- The Company's Garden
- The South African Museum & Planetarium
- Two Oceans Aquarium
- Interactive South African Rugby Museum
- Scratch Patch Waterfront
- Pirate Boat Waterfront

Dress Code: Comfortable clothes and walking shoes.

Location: Cape Town









Full Day Cape Peninsula Tour

Amount of people: 2 and more people **Cost per adult:** Request for quotation

Available Times: Hours: Depending on group size **Duration:** Date & Time - According to availability

Description:

Enjoy the best of the Cape and all she has to offer! Explore the hidden gems of our Mother City and surrounds:

- Clifton & Camps Bay
- Llundudno
- Hout Bay (optional Seal Island boat trip)
- Chapman's Peak (if open)
- Noordhoek
- Ostrich viewing
- Cape of Good Hope Nature Reserve & Cape Point
- Penguin Colony
- Simonstown
- Muizenberg
- False Bay
- Constantia
- Kirstenbosch Botanical Gardens

Dress Code: Comfortable clothes and walking shoes.











Full Day Wine Tasting Tour

Amount of people: 2 and more people **Cost per adult:** Request for quotation

Available Times: Hours: Depending on group size **Duration:** Date & Time - According to availability

Description:

Visit the historic towns and farms that make up our Cape Winelands region. Taste and enjoy top-class award-winning wines!

- Visit the Cape Winelands
- Stellenbosch orientation
- Moederkerk (Mother Church)
- · Cellar tour
- Wine tasting at a Stellenbosch farm (optional chocolate & wine tasting)
- Franschhoek
- Huguenot Monument
- Wine tasting at a Franschhoek farm
- Paar
- Cheese & wine tasting

Dress Code: Comfortable clothes and walking shoes.

Location: Cape Town









City & Table Mountain Tour

Amount of people: 2 and more people **Cost per adult:** Request for quotation

Available Times: Hours: Depending on group size **Duration:** Date & Time - According to availability

Description:

Enjoy the best of the Cape and all she has to offer! Explore the hidden gems of our Mother City and surrounds.

- The Castle
- City Hall
- The Company's Garden
- South African Museum
- Cape Malay Quarter/Bo-Kaap
- Signal Hill
- Greenmarket Square
- Diamond factory tour (optional)
- Table Mountain

Dress Code: Comfortable clothes and walking shoes.











Township & Robben Island Tour

Amount of people: 2 and more people Cost per adult: Request for quotation

Available Times: Hours: Depending on group size **Duration:** Date & Time - According to availability

Description:

Enjoy the best of the Cape and all she has to offer! Explore the hidden gems of our Mother City and surrounds.

- Walking tour
- Guga S'thebe Arts & Culture Centre
- Langa Museum
- Community School
- Shebeen (pub) optional traditional beer tasting
- Craft markets
- Local township restaurant
- Robben Island boat tour

Dress Code: Comfortable clothes and walking shoes.



AIRPORT & DESTINATION TRANSPORT





We offer solutions for any transport requirements, with a fleet of vehicles suitable for transporting individuals and large groups. We also provide a professional meet-and-greet service which will be arranged upon request. Drinks and snacks can also be arranged for the vehicles if requested prior to arrival.

Please provide the following information when requesting a quotation:

Date of transfer

Name and surname of each passenger Their flight number and landing time | if going to the airport then their flight departure time

Meet and Greet service



Description: Greet delegates as they come out of the arrival hall with your company branding. Walk them to the vehicle and make sure those that stray know their way. Assist in packing luggage in the vehicle. Make sure all delegates are in the vehicle before instructing the vehicle to depart.

A WhatsApp group is created where we notify you when the vehicles depart the airport and if there are any flight delays. The team is dressed neatly and professionally but could be dressed in your branded clothing if needed.

Included:

Printing of signage included: Lollipops for walking A3 laminated signs for greeting









Waters in the vehicles Cooler boxes filled with beers, ciders, and waters Snack packs can be arranged



PRICE DISCLAIMER

Please note that prices are subject to change.

For the most accurate and up-to-date pricing, contact our booking department.

Be sure to keep an eye on our website for terms and conditions related to pricing and other important details.



DONT SEE WHAT YOU'RE LOOKING FOR?

Most of our options are customizable to ensure that we meet the unique needs and desires of your group. To get started, get in touch with one of our team members.

Group Bookings & Enquiries

bookings@saforestadventures.co.za

+27 82 613 1213 | +27 79 495 3987

(WhatsApp & Calls)

Available: 08h00 - 17h00